

Camp El-O-Win

Suggested Personal Equipment

This Equipment List is for 3 days and includes the clothing your camper wears on the day she arrives at camp. No one knows your camper's habits like you do, so pack accordingly. We suggest packing all items in a duffel bag. Suitcases tend to be bulky so duffel bags are preferred. The soft sided duffels with zippers running the length of the bag are easiest to live out of for a week. Camp is at 5,500 feet so nights can be in the 30's while days are in the 80's.

Clothing

- _____ 2 pair cotton pants (well washed)
- _____ 2 pair shorts
- _____ 3 cotton/polyester shirts or tops
with sleeves
- _____ 3 sets of underwear
- _____ 3 pairs socks (cotton or wool)
- _____ 2 pairs of shoes (not sandals) - one should be an old pair of tennis shoes for wearing in the creek
- _____ Warm jacket with hood (or warm cap)
- _____ Brimmed hat for sun shade
- _____ Warm pajamas or sweat shirt & pants
- _____ Hooded sweatshirt or warm sweater & hat for warmth
- _____ Warm socks for sleeping
- _____ Belt for jeans
- _____ Bag for dirty clothes
- _____ Bathing suit/old shirt & shorts for creek
- _____ _____
- _____ _____

Personal Items

- _____ Ponytail holder if hair is long
- _____ Toothbrush and toothpaste
- _____ Soap - best if biodegradable
- _____ Towel & wash cloth
- _____ Beach towel for swimming
- _____ Comb or brush
- _____ Kleenex
- _____ Chapstick/lip balm
- _____ Insect repellent (non-aerosol)
- _____ Sunblock
- _____ Flashlight
- _____ Pocket knife (optional)
- _____ Bandana
- _____ Whistle on cord (optional)
- _____ Deodorant
- _____ shampoo/conditioner
- _____ Feminine Sanitary Supplies
- _____ _____

Sleeping Items

- _____ Sleeping bag (if no bag, a bedroll made from several blankets can be used). A mattress and bed will be available for each camper. An extra blanket is great if the sleeping bag is not very warm
- _____ Small pillow (optional)
- _____ Favorite stuffed animal (small)

Other Items

- _____ glasses case for night storage
- _____ Rain poncho or large heavy trash bag
- _____ Water bottle
- _____ Camera
- _____ Journal and pen
- _____ Book to read

- **Label everything** with your name
- Pack sets of clothing in plastic bags to insure they stay clean & dry and to make it easier to get dressed.
- Remember the **layered look** is the proper camp style for warmth and to accommodate weather changes.
- All **medication** must be in original container with camper's name and dosage instructions.

Shoes and Socks must be worn by everyone – including adults at all times. **No sandals, shoes must have enclosed toes and heels.**