

Camp El-O-Win

Suggested Personal Equipment 3-Day

This Equipment List is for 3 days and includes the clothing your camper wears on the day she arrives at camp. No one knows your camper's habits like you do, so pack accordingly. We suggest packing all items in a duffel bag. Suitcases tend to be bulky so duffel bags are preferred. The soft sided duffels with zippers running the length of the bag are easiest to live out of for a few days. Camp is at 5,500 feet so nights can be in the 30's while days are in the 90's.

Clothing

- _____ 2 pair cotton pants (well washed)
- _____ 2 pair shorts
- _____ 3 cotton/polyester shirts **with sleeves**
- _____ 3 sets of underwear
- _____ 3 pairs socks (cotton or wool)
- _____ 2 pairs of shoes (not sandals) - one should be an old pair of tennis shoes for wearing in the creek
- _____ Warm jacket with hood (or warm cap)
- _____ Brimmed hat for sun shade
- _____ Warm pajamas or sweat shirt & pants
- _____ Hooded sweatshirt or warm sweater & hat for warmth
- _____ Warm socks for sleeping
- _____ Belt for jeans
- _____ Bag for dirty clothes
- _____ Bathing suit/old shirt & shorts for creek
- _____
- _____

Personal Items

- _____ Ponytail holder if hair is long
- _____ Toothbrush and toothpaste
- _____ Soap - best if biodegradable
- _____ Towel & wash cloth
- _____ Beach towel for swimming
- _____ Comb or brush
- _____ Kleenex
- _____ Chapstick/lip balm
- _____ Hand Lotion
- _____ Insect repellent (non-aerosol)
- _____ Sunblock
- _____ Flashlight
- _____ Bandana
- _____ Deodorant
- _____ Shampoo/conditioner
- _____ Feminine Sanitary Supplies
- _____
- _____

Sleeping Items

- _____ Sleeping bag (if no bag, a bedroll made from several blankets can be used). A mattress and bed will be available for each camper. An extra blanket is great if the sleeping bag is not very warm
- _____ Small pillow
- _____ Favorite stuffed animal (small)

Other Items

- _____ Glasses case for night storage
- _____ Rain poncho or large heavy trash bag
- _____ Water bottle
- _____ Camera
- _____ Journal and pen
- _____ Book to read
- _____
- _____

- Remember the **layered look** is the proper camp style for warmth and to accommodate weather changes. •